Center for Transforming Lives

of DISRUPTING 115 TH YEARS

Dear friends,

This year, Center for Transforming Lives celebrated our 115th year of disrupting the cycle of poverty for women and children in Tarrant County.

115 years! Can you believe it?!

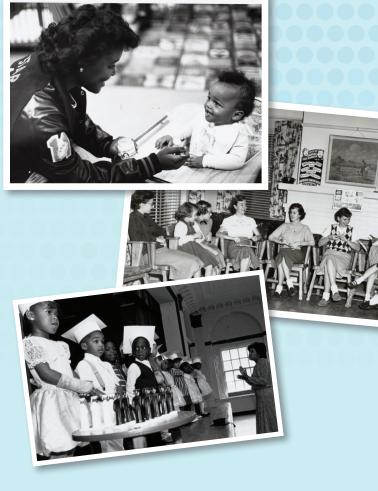
To give you some perspective:

- When we opened our doors, Fort Worth's streets were dust and bricks, and clogged with horses and carriages.
- Our first shelter residents were women and children, seeking safety after stepping off trains and into the wild west.
- In 1922, we were a founding member of the Community Chest, known today as United Way Tarrant County.
- CTL served Fort Worth in the pandemic of 1918 and the pandemic of 2020.

Over the years, we've stayed true to our purpose while continuing to meet emerging needs of today's reality. Here are a few highlights of 2022:

- Due to the growth of family homelessness and to align with our two-generation model, we repurposed two floors of our downtown Fort Worth building to shelter women with infants and toddlers.
- CTL operated early childhood education within 4 locations and six partner sites.
- Our Economic Mobility Services distributed \$1,405,113 in rent assistance to 194 families impacted by the pandemic.
- Today, CTL actively collaborates with more than 100 local organizations to increase community impact.

I'm also proud to announce that this year Center for Transforming Lives achieved national level accreditation through Council on Accreditation. This independent assessment verifies that CTL meets the



highest level of quality standards for human services organizations across all programs and operations.

Because of friends like you, Center for Transforming Lives has thrived as an institution for well over a century and today continues to fulfill its mission of disrupting the cycle of poverty for women and their children. Who knows what changes tomorrow will bring? But if yesterday is any indication, we'll be ready.

With deep appreciation,

and haven

Carol Klocek CHIEF EXECUTIVE OFFICER

Center for Transforming Lives works side-by-side with women and their children throughout Tarrant County to disrupt the cycle of poverty by providing comprehensive homeless services, early childhood education, economic mobility services, and clinical counseling.



65% FEDERAL GRANTS

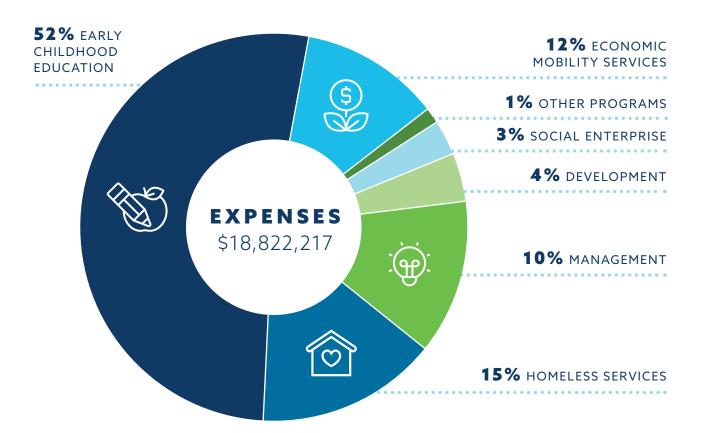
3% STATE AND LOCAL

7% CTL FOUNDATION

6% EARNED

REVENUES \$19,692,317

19% CONTRIBUTIONS









Housing Services

Center for Transforming Lives offers three programs through Housing Services to provide women and their children safe housing and comprehensive support so they can establish emotional and financial stability. Programs include rapid rehousing, transitional housing, and an on-site emergency family shelter. Families are connected to additional services across the organization, including clinical counseling, early childhood education, and economic mobility services. The primary goal of Housing Services is to work side-by-side with women and their children to develop cycles of emotional and financial well-being. Using a traumainformed, two-generation approach, Center for Transforming Lives provides families with intensive case management, housing search and placement, rental assistance, strengths and needs assessment, and service planning.



OUR YEAR IN NUMBERS

219 families were housed

690 individuals served

61% (426 of 690) are children

\$1,511.55 average increase in monthly employment income

85% families remained housed

63% BLACK

4% MULTIPLE RACES

2% ASIAN

11% HISPANIC

1% AI/AN

1% APA

18% WHITE







Education is the single most effective tool for breaking the generational hold of poverty - especially early childhood education (ECE). Center for Transforming Lives provides high-quality, affordable, year-round education at four child development centers and partners with other childcare centers throughout Tarrant County. As a Head Start and Early Head Start provider, Center for Transforming Lives can extend its reach to serve even more children and families living in poverty. Our Early Head Start program provides home visits to women from pregnancy through 6-weeks postpartum. Families receive prenatal education, support for a healthy pregnancy, and are encouraged to attend parent workshops and group sessions that provide pre-and postnatal resources and a sense of community. Our Head Start program provides literacy-rich, child-centered classrooms with low child-to-teacher ratios, individualized care, healthy daily meals, ample outdoor time, and social strengthening activities. Our dedicated teachers help children develop the social-emotional, cognitive, physical, and language skills they need for a successful transition to kindergarten. Because young children need nurturing, low-stress environments filled with language, learning, physical activity, and positive social interactions, all ECE classrooms are child-centered, with one-on-one attention and support given to each child.



OUR YEAR IN NUMBERS

634 children served in the last fiscal year

94% ready for school

313 children served in our Early Head Start Program

267 children served in our Head Start Program

48% BLACK

3% ASIAN

5% MULTIPLE RACES

9% WHITE

35% HISPANIC





03

Economic Mobility Services

Center for Transforming Lives' economic mobility services educate, coach, and engage women in asset-building services to create long-term financial independence and stability for their families. CTL's economic mobility services include group financial education, individual coaching, career readiness, and small business development resources. The program equips participants to operate a positive budget by increasing income, savings, and credit scores while decreasing debt. CTL also offered rent assistance as part of its Covid Relief programming, enabling families to remain in their homes despite pandemic-related income interruption.

*Economic Mobility services are designed with women in mind, but are inclusive of all.



OUR YEAR IN NUMBERS

692 individuals served and benefited

small businesses created or sustained

\$5,380 average debt decrease

\$1,405,113 in rental assistance provided to families in Tarrant County

in rental assistance in Tarrant County

90 entrepreneurs were enrolled in small business development

65% BLACK

8% HISPANIC 6% OTHER

18% WHITE

0.5% AI/AN 0.8% ASIAN 2% NO DATA







Center for Transforming Lives' clinical counseling services are dedicated to the emotional well-being of women, children, and families through a person-centered approach to process trauma and manage the daily stressors of life. Through the counseling program, women and their children are engaged with our licensed therapists who provide evidence-based, trauma-informed individual and family therapy. These assessment and evidence-based therapy services seek to improve participants' home, education, and employment environments by reducing the emotional and behavioral impact of trauma. CTL dedicates a team of licensed therapists working in tandem to simultaneously provide individual and family therapy to both generations of the family unit. This two-generational approach to clinical counseling focuses on supporting the whole family, strengthening relationships, and improving outcomes for women and their children.



1,609 hours of individual, compassionate therapy

people turned away due to inability to pay

201 families had participating
members, including 175 adults and
26 children.

CLINICAL HOURS PROVIDED BY PROGRAM

95 Emergency Shelter

325 Transitional Housing

1189 Child Violence Trauma Intervention



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"Your donations change lives! You can support CTL knowing that your gift will be well managed and do as much good as possible." Donor Spotlight
Paulette

Paulette Tutor

Paulette Tutor is passionate about helping women and children. The positive support network she has had in her life encouraged her to follow her passions, and she supports CTL because of its impact on families. This personal connection is what motivates her to contribute to our mission. Paulette was introduced to CTL in 2012 through a mutual friend, and she has supported our work ever since.

She believes most in our two-generation model, which aims to address the needs of mothers and their children simultaneously. "CTL is important to me because we don't just provide a single service. We empower and provide resources to entire families," Paulette explains. She loves seeing the work of our case managers as they educate and advocate for their clients on their journey to self-sufficiency.

Since being introduced to CTL, Paulette has served on our board, given her time at events, and supported CTL financially. As a Wings of Hope member, her commitment has had a significant impact on our organization. It allows us to continue to lead our community in providing families with safe housing, affordable childcare, financial education, and counseling.

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Donor Spotlight

Cindy Frey & Dan Hardin

Cindy and Dan's connection to Center for Transforming Lives began by picking up a flyer at their local church. After reading about CTL services and speaking with a few people, they knew they wanted to get involved. Cindy and Dan have been dedicated supporters of our work. Philanthropy is essential to them as they love to bless others and get great satisfaction from supporting organizations like CTL.

When asked what excites them most about our work, Cindy quickly answered, "Without a doubt, it's childcare. Children with a safe, secure, nurturing environment are prepared to be school-ready. Mothers who have confidence in their children's care and education can focus on their own education or career. Mothers who may not have been prepared to be parents or didn't have a supportive family environment as children will learn to be supportive. At the same time, they see their children develop and grow in a positive childcare environment." "Support for CTL is an outstanding economic and social investment in the future of our community. The CTL process helps break the cycle of poverty and allows mothers to become positive role models for the children."

Cindy and Dan have been unwavering in their support of our organization, giving their time and supporting CTL financially. Because of their partnership, we can continue our mission of providing lifesaving services to women and children in Tarrant County. Our donors significantly impact our work, and we are thankful for every supporter.



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*Deceased





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